



Women on the Water Albacore Sailing Workshop

July 19th, 9am-5pm

Register and more details online at www.albacore.ca

LIMIT 10 participants, deadline July 12, 2008

Workshop fee: \$20/person

Bring a lunch, casual barbeque at the end of the day

Workshop focus: Boat Handling Skills and Overview of Racing

The workshop is designed to match up participants with experienced women helms and crew in the fleet to help improve skill set. You can sign up as a team but we are willing to match you up. Only helms need to bring a boat.

Workshop leaders: Teresa Miolla & Christine Short

Must be a current member of Canadian Albacore Association to participate